

Food waste

Let your kitchen leftovers do some good!

Food waste contains nutrients and energy. This can be recovered by decaying the food waste in a certain digestion plant. At this plant they produce bio fertilizers and biogas, which among other things is used as fuel.

The very best for the environment is of course to reduce food waste, as producing new food is very resource-intensive.

However, the food waste that can't be avoided can be useful. But first it has to be separated from the rest of the household waste, and here you must be of help in the process of recycling.

This is how it works

First you will get a starter kit containing a bag holder and paper bags lasting for a year. Once you have the equipment, you can get started.

Your landlord or housing cooperative will arrange for you to get a bag holder and paper bags, and a place to dispose of them.

If you live in a villa, contact us on 08-706 65 00 or service.stadsmiljo@sundbyberg.se

Why paper bags?

The digestion plant, where the food waste is processed, will not accept any other material. Plastic bags are not allowed.

This can be sorted as food waste

- Raw or cooked leftovers from vegetables, fruit, fish, poultry, meat, egg and cereals.
- Bones from fish and poultry
- Peelings from fruit and vegetables
- Bread, biscuits, cakes, sweets
- Pieces of colorless paper from kitchen rolls (that absorb the moisture in the bag)
- Coffee-grounds and -filters, tea and tea-bags



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Other household refuse

Household waste consists of different categories, which require their own treatment.

1. Recycle your packaging and newspapers at nearest Recycling station, "Återvinningsstation".
2. Leave your hazardous, electric and electronic, bulky, garden, and demolition waste at the recycling center, "Återvinningscentral". Special opening hours: information in Swedish on savab.se.
3. Leave your bulky waste at either the recycling center (2) or to the mobile collection service "ReTuren" (special schedule: information in Swedish on savab.se).
4. What is left can be placed in your garbage bag for combustible household waste, such as:
 - Meat bones
 - Envelopes
 - Hygiene products such as sanitary towels, nappies, and cotton buds
 - Dust from sweeping, vacuum cleaner bags
 - Ashes, cigarette butts, tobacco

